



Winslow Church of England School
Lowndes Way
Winslow
Bucks MK18 3EN
01296 712296
office@winslow.bucks.sch.uk
www.winslow.bucks.sch.uk

Headteacher: Mrs Samantha Dimpleby BA (Hons)

Monday 2nd February 2026

Young Carers

Dear Parents and Carers,

We are writing to you to raise awareness about young carers and the important role schools play in supporting them. A young carer is a child or young person who helps care for a family member with a physical or mental illness, disability, or substance misuse. This may involve carrying out practical tasks, providing emotional support or both. Every caring situation can be different.

National research shows that many young carers are not being identified in schools, meaning many children may be caring without access to vital support. By informing the school about your child's caring role, we can ensure they receive the right support which can result in a significant difference to their wellbeing, education and future opportunities.

If you believe your child/ children has a caring role at home (even if you are unsure) we encourage you to let us know. You can speak to a member of staff confidentially, and together we can explore what support may be beneficial.

Please remember that identifying your child as a young carer is not about labelling; but about ensuring they are recognised, understood and given the best chance to belong, achieve and thrive at our school.

For external support; we would also recommend registering any carers within your household with Carers Bucks, the local carers support service. Once a young carer is identified, they may benefit from:

- Peer support groups and activities
- Targeted wellbeing interventions
- One-to-one support sessions
- Advice, information and guidance

You can complete a self-referral via their website, alternatively we understand that this can be daunting and would be happy to do this on your behalf after we have spoken.

Thank you for working with us to support the wellbeing and success of all our pupils.

Kind regards,

Miss Katie Webb
SENDCo

Mrs Mary Heal
Mental Health and Wellbeing Lead